

Course Syllabus

Course: *Provision of Nursing Care III*

Department: Life & Health Sciences

Host Institution: *University of Nicosia, Cyprus*



UNIVERSITY
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Semesters

Course Summary

Course Code	Course Title	ECTS Credits
NUR-210A	Provision of Nursing Care III	6
Subject	Contact Hours	Prerequisites
Nursing	42-45	Nursing major
Department	Level of Course	Language of Instruction
Life & Health Sciences	Lower-Division	English

Course Description

The aims of the course are to develop the student's knowledge and understanding of the holistic approach to health care for individuals, families, groups and communities in order to meet their growing health needs in the 21st century. The course explores factors that mitigate against health and explores how people conceptualize health and health promotion in a range of contexts including Primary Health care. It will also examine the interface between hospital and community health initiatives.

This Module will enable students to understand the holistic approach to health (individual-family-groups-community) to look at factors that mitigate against health, how people perceive and conceptualize health; and how health is promoted in a range of settings and contexts, including Primary Health Care (government and wider social policies, ethics and law). It Also explores the nurses and other health practitioners roles/responsibilities within the health system and their contemporary role in society.

Prerequisites (if applicable)

Nursing major

Learning Outcomes

At the end of the course the student will be able to:

- Identify how the social context of an individual's environment influences health state and health status and explore ways in which psychological factors interact with environmental and social factors in relation to health and illness
- Describe services likely to be of value in improving the health of individuals or groups
- Describe what is meant by 'community' and community care
- Identify the range and nature of professional and other care settings available to people
- Relate inequality in health to their local community. Outline the moral and ethical dimensions of maintaining and promoting health
- Explain perceptions of health and recognize how these perceptions may influence practice
- Identify how information databases relating to health and the health service can be used to network with other professional groups.
- Outline how complimentary therapies can contribute to the maintenance of health
- Describe the nurse's role in relation to health care, showing an awareness of the strengths and limitations of this role
- Explain how the interaction between practitioners and others working within the care setting enables the realization of health potential, and identify how information databases relating to health and the health service can be used to network with other professional groups.
- Outline the approaches to the measurement of health with reference to epidemiological, demographic and social indicators using information retrieval systems

Course Outline

Topic Areas Covered

I. PUBLIC HEALTH

1. History of public health, definitions and dimensions of public health; key practitioners in public health
2. Sexual health: Implications of governmental policies on health, teenage pregnancy, services for sexual health in Cyprus
3. Drug use and harm reduction
4. Primary care groups; health education and healthy citizens,

II. HEALTH STUDIES

5. Health promotion: principles: links with public health provision in institutional context
6. Collaborative working, healthier nation in relation to accidents and mental health

III. PRIMARY CARE:

7. Concept of Primary Health care
8. Roles and responsibilities of Key team members
9. Multi-agency working in public Health and Primary care.
10. Interface between primary care and acute care

IV. PROFESSIONAL PRACTICE:

11. The Ethics of inequalities in Health
12. Truth telling and disclosure of information

Tasks and Assignments

Conferencing

During conferencing there are student presentations or discussions of the fundamental knowledge and skills the student must develop with reference to specific examples of how the knowledge is applied.

- Communication and maintaining professional relationships
- The ethics of health and illness/sexual health ethics
- celebrating differences in culture and language
- Identifying and coping with stress in practice
- Disability or difference: Chronically, disability and categorization, cognitive development
- Concepts of mental health and illness
- Pathways to care, accessibility to mental health services, culture and mental health, gender and mental health
- Lay approaches to and lay knowledge of health and illness
- Is there is such a thing as society and social class?

COURSE ASSIGNMENT: Students are requested to complete a 3,000- w o r d essay. Topic will be given on commencement of the course.

Conference or Laboratory Exercises

1. Drug administration – oral, S/C, I/M, CDs
2. Breathing – Oxygen Therapy and nebulizers
3. Temperature maintenance of Intravenous infusions
4. The needs of patients/clients with a range of disabilities
5. Contemporary therapies – stress management and relaxation techniques
6. Offering comfort, ensuring privacy and demonstrating respect

Health Assessment Presentation: Each week during the laboratory sessions the student has to give a physical health assessment presentation (20-30 min) for one of the systems as specified in the Guide Mosby's Pocket Guide Health Assessment with reference to equipment needed and using internet web site links and other information resource materials for reference. The presentation is evaluated for a) knowledge, scope and depth of content b) Information and demonstration techniques that can be used for the physical assessment c) creative teaching and learner participation d) professionalism of presentation. .(This assessment is performed according to the student's year of study. As students sometimes come to do this course before their senior years in nursing, the assessment will modify according to the students' level of knowledge and expertise)

CLINICAL PLACEMENT (three weeks) AND EVALUATION (one week): As the allocation is short the students usually visit clinical areas but no hands on, just observation.

Assignments

- a) Clinical: Assignments are given to the student three days in advance. The student has to prepare a clinical pathway of care and present in a written and verbal manner as requested by the faculty. Assessment and appraisal of the client's pathway continues during simulation sessions.

Clinical conference: At the end of the first week the student has a conference with the course facilitator.

Readings and Resources

- Dimond, B. (2002) Legal Aspects of Nursing. 23rd ed. London: Prentice-Hall
- Mason, T.; Mason-Whitehead, E. (2003), Thinking Nursing: A Common Foundation, Open University Press
- Webb, L. (2011) Nursing: Communication Skills in Practice, Oxford University Press
- Nicol, M. et al (2004) Essential Nursing Skills. St. Louis: Mosby
- Pitts, M. and Phillips, K. (eds.) (1998) The Psychology of Health. 2nd ed. London: Routledge
- Alder, B. Psychology of Health: Applications of Psychology for Health, Harwood Academic Publishers
- Hollin, C. (2000) Clinical Approaches to Violence. 2nd ed. Chichester: John Wiley

Other Academic Policies

Class attendance is compulsory. If unable to attend a class, students must inform the course lecturer in advance. A maximum of 20% excused absences is tolerated; however beyond this percentage, students will be withdrawn from the course. Moreover, any work missed due to absence must be completed on return to class.

