

## Course Syllabus

Course: *Global Topics in Clinical Healthcare (Internship)*

Department: -

Host Institution: *University of Nicosia, Cyprus*



UNIVERSITY  
of NICOSIA | Global  
Semesters

### Course Summary

Course Code	Course Title	ECTS Credits
VHLT-230	Global Topics in Clinical Healthcare ( <i>Internship</i> )	6
Subject	Contact Hours	Prerequisites
Health Sciences	42-45	None
Department	Level of Course	Language of Instruction
-	Sophomore/Junior	English

### Course Description

Students will participate in an internship focused on comparative healthcare systems and approaches with faculty practitioners from the fields of *Clinical Communication, Nursing, Primary Care, Pharmacy, and Physical Therapy*.

Students will engage with faculty practitioners in critical thinking group discussions, practice clinical skills, and engage in interactive experiential learning activities.

#### Topics covered during this internship include:

##### Clinical Communication

- ▶ Health Psychology
- ▶ Written and Oral Clinical Communication among all Health Care Professionals
- ▶ Communication as one of the Main Tools in the Health Care Professional's Toolbox
- ▶ Culture of Healthcare Communication and How this Varies by Country/Region
- ▶ Paternalistic vs. Consumer Patient Approaches to Healthcare Infection Prevention
- ▶ Clinical Communication Teaching, and the Role New HCPs can play  
*in Changing Culture and Norms*
- ▶ Historical background of Clinical Communication  
*Common Threads throughout the World, Attitudes and Expectations, Culture and Age Groups*
- ▶ Interactive Activities to Demonstrate Concepts

##### Primary Care

- ▶ Interactive Group Discussion About Student Expectations in their Interactions with Healthcare Providers and How this Compares to Cyprus or the UK Cultural Expectations
- ▶ Costs vs. Effectiveness of Medication - *Global Budgets in NHS*
- ▶ Different Types of NHS  
*Interaction between Society and Healthcare Systems (NHS, Gesy)*  
*Limitations in Early Development of NHS*  
Open Discussion with Regards to No System
- ▶ Quality of NHS - *Perceptions of Quality, Abandonment of General Hospitals (Cyprus)*
- ▶ Doctor-Centered/Patient-Centered Approach

##### Nursing

- ▶ Aseptic Technique
- ▶ Patient Positioning
- ▶ Injections
- ▶ Drawing Blood
- ▶ Infection Prevention
- ▶ Universal Precautions/Proportions
- ▶ Assessment of Patients
- ▶ Interaction between Nurse and Patient
- ▶ Patient/Nurse Dignity
- ▶ Basic First Aid

##### Pharmacy

- ▶ Ancient/Home Remedies  
*Perceptions and Uses*
- ▶ Interactive Lab  
*Create Home Remedies and Ancient Remedies at Home*

##### Physical Therapy

- ▶ The Physiotherapy Profession
- ▶ Physiotherapy Specialties - *Musculoskeletal, Neurological and Cardio-Respiratory*
- ▶ The Physiotherapy Profession in Cyprus
- ▶ Demonstration - *Electrotherapy, Exercise Therapy and Ankle Taping*

## Faculty Practitioners

**Prof. Savoula Ghobrial**, *English Nursing Programme Leader, Department of Life and Health Sciences*

**Dr. Ioannis Sarigiannis**, *Chemist, MSc., PhD | Assistant Professor, Department of Life and Health Sciences*

**Prof. Michalis Efstathiou**, *Physiotherapist, MSc, PhDc | Associate Lecturer, Department of Life and Health Sciences*

**Maria Perdikogianni**, *MA, RPT, PhDc | Lecturer & Registered Psychologist*

**Dr. Anastasios Sioftanos**

*Director of the University of Nicosia Medical Centre*

*Clinical Assistant Professor of General Practice at the University of Nicosia Medical School*