



Cultural Competencies Certificate

Number of Sessions: 10 | Session Duration: 1.5 hrs.

Module 1: What is Culture?

Subtopic: What is Culture? What is Civilization?

Subtopic: Enlightenment & Theory of Progress: Worldwide Implications

Subtopic: Principle of Cultural Relativity and its Applications

Workshop Activity: Participants may be asked to share with the rest of the group their knowledge, attitude and

beliefs regarding the concept of culture

Guest Lecturer: Dr. Evi Eftychiou

Module 2: Characteristics of Culture

Subtopic: What are the Characteristics of culture?
Subtopic: Ethnographic Examples from Various Cultures

Subtopic: What is Ethnocentrism?

Workshop Activity: Guided Discussion

Guest Lecturer: Dr. Evi Eftychiou

Module 3: Intercultural Communication - Communicating Across Cultures

Subtopic: Defining Culture

Subtopic: Multicultural, Cross-Cultural, and Intercultural Communication

Subtopic: Theories of Cross-Cultural Communication

Subtopic: High Context and Low Context Cultures, Similarities and Differences between Cultures (ex. Perception of

distances, Touching, Eye Conduct, Hand Gestures)

Workshop Activity: Guided Discussion

Guest Lecturer: Dr. Thodoris Kouros

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Module 4: Religion and Worldview

Subtopic: Defining Worldview **Subtopic:** Defining Religion

Subtopic: Exploration of Different Examples

Subtopic: Comparing "Western" and "Eastern" Religions

Subtopic: Magic, Religion, and Science
Workshop Activity: Guided Discussion

Guest Lecturer: Dr. Thodoris Kouros

Module 5: Culture and Gender Relations/ Sexuality

Subtopic: Revisiting Marriage & Family

Subtopic: (Non-Heterosexual) Sexualities & Culture

Subtopic: Gender, Crime & Violence

Workshop Activity: The Cultural Construction of Sexualities & Gender

Guest Lecturer: Dr. Constantinos N. Phellas

Module 6: Reduced Inequalities

Subtopic: Ageing (Senior Citizens)

Subtopic: Immigrants/Political Refugees **Subtopic:** Women, Transgender, Intersex *etc.*

Workshop Activity: Case Studies by People (from the above-mentioned Categories) who have Experienced

Discrimination

Guest Lecturer: Dr. Constantinos N. Phellas

Module 7: Peace

Subtopic: The Level of Violence in the World: Is it Becoming a Less Violent Place?

Subtopic: Corruption and Transparency in the International System

Subtopic: The Pursuit of International Cooperation and Equal Treatment

Subtopic: Civic Participation and Access to Information

Workshop Activity: Guided Discussion

Guest Lecturer: Dr. Odysseas Christou

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Module 8: Art and Culture

Subtopic: What is Art? **Subtopic:** Art and Ritual

Subtopic: Art and the Human Body Subtopic: Art and the Natural World

Subtopic: Art and the City

Workshop Activity: Guided Discussion highlighting the diverse ways that human experience hasbeen visually

negotiated across cultures and through time

Guest Lecturer: Dr. Elena Parpa

Module 9: Architecture and Culture

TBA

Module 10: Sport, Olympian Heritage and Culture

Subtopic: Olympian Heritage Across Cultures

Subtopic: Use and Abuse of Sport and the Olympian Idea Across Cultures

Subtopic: Olympism for Humanity in Action (*Theory and Praxis*)
Subtopic: Sport for Development Theory (*In Cross-Cultural Context*)

Workshop Activity: Olympism for Humanity in Action Foundations #1: Blending Sport-Education-Culture in Local

Contexts

Guest Lecturer: Dr. Alexis Lyras

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^{*} Please note that module topics may change or be modified at any point during the series. Participants will be updated accordingly should any changes be made.